

Trumpet (and Baritone TC) Warm-Ups


Revised 2014


Please Note: These Warm-ups are not of my creation, but instead are a compilation of ideas from various tuba players I have encountered over the years. I have put them into an order that makes the most sense to me. Warm-ups should be introduced as soon as the player can maintain the tone, and should be the most important thing done daily.


The 5 minute "Level 1" warm-up


Various Authors


Focus on Breathing, Consistent Tone

1 

2 

3 

4 

5 

Continue through 1, 12, 23, 4 (13), 24 (123)

The 10 minute "Level 2" warm-up

(add these to the Level 1 warm-up)

Focus on Embouchure Control

6 

7 

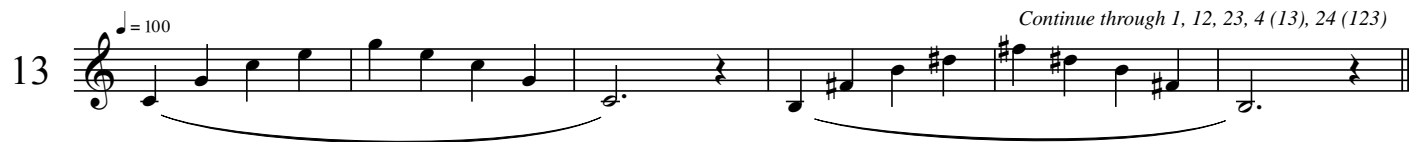
8 

9 

10 

11 

12 

13 

14 

The 20 minute "Level 3" warm-up

(add these to the Level 1 and 2 warm-up)

Focus on Pitch Accuracy

completely remove lip from mouthpiece between measures



completely remove lip from mouthpiece between measures



completely remove lip from mouthpiece between measures



completely remove lip from mouthpiece between measures



Continue through 1, 12, 23, 4 (13), 24 (123)



Continue through 1, 12, 23, 4 (13), 24 (123)

The 35 minute "Level 4" warm-up

(add these to the Level 1 -3 warm-up)

Focus on Range Extension

23

$\text{♩} = 80$

For more ideas, suggestions, and useful information, please visit www.blostein.net

The 50 minute "Level 5" warm-up

(add these to the Level 1 - 4 warm-up)

From this point forward, all as fast as possible to perform cleanly and evenly

Advanced Techniques and Control

As fast as possible, cleanly

Continue through 2, 1, 12, 23, 4 (13), 24 (123)



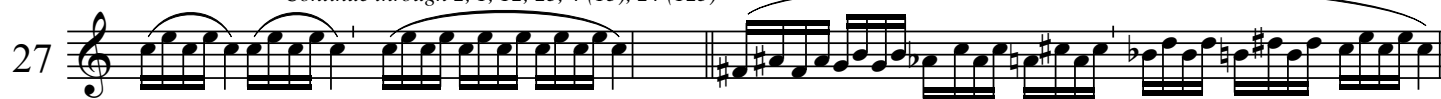
Continue through 2, 1, 12, 23, 4 (13), 24 (123)



Continue through 2, 1, 12, 23, 4 (13), 24 (123)



Continue through 2, 1, 12, 23, 4 (13), 24 (123)



Continue through 2, 1, 12, 23, 4 (13), 24 (123)



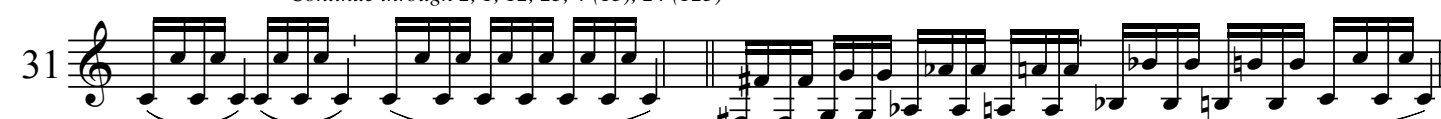
Continue through 2, 1, 12, 23, 4 (13), 24 (123)



Continue through 2, 1, 12, 23, 4 (13), 24 (123)



Continue through 2, 1, 12, 23, 4 (13), 24 (123)



The 50 minute "Level 6" warm-up

(add these to the Level 1 - 5 warm-up)

From this point forward, all as fast as possible to perform cleanly and evenly

Professional Level Exercises

Continue through 1, 12, 23, 4 (13), 24 (123)

32

Double Tonguing

33

Work in various other scales as well

Double Tonguing

34

Work in various other scales as well

Triple Tonguing

35

Work in various other scales as well

36

*continue down chromatically
as low as possible*

Further Exercises should be Musician-Specific

For more ideas, suggestions, and useful information, please visit www.blostein.net