

The 10 minute "Level 2" warm-up

(add these to the Level 1 warm-up)

Focus on Embouchure Control

6 

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14 

The 20 minute "Level 3" warm-up

(add these to the Level 1 and 2 warm-up)

15 *completely remove lip from mouthpiece between measures*

$\text{♩} = 60$

16 *completely remove lip from mouthpiece between measures*

$\text{♩} = 60$

17 *Continue through remaining positions*

$\text{♩} = 100$

18 *Continue through remaining positions*

$\text{♩} = 100$

19 *Work various scales at various tempos*

The 35 minute "Level 4" warm-up

(add these to the Level 1 -3 warm-up)

Focus on Range Extension and Pitch Accuracy

$\text{♩} = 80$

20

* Only possible with a trigger

* Only possible with a trigger

* Only possible with a trigger

* Only possible with a trigger

The 35 minute "Level 5" warm-up

(add these to the Level 1 -4 warm-up)

Advanced Embouchure Control

As fast as possible, cleanly

Continue through remaining positions

21

The 50 minute "Level 6" warm-up
(add these to the Level 1 - 5 warm-up)

Advanced Techniques

Double Tonguing



30



Work various scales at various tempos

Double Tonguing



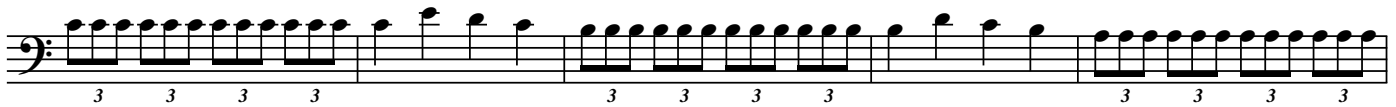
31



Work in various other scales as well

Triple Tonguing

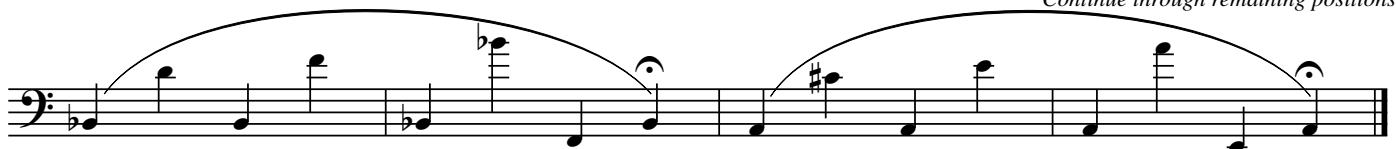
32



Work in various other scales as well

Continue through remaining positions

33



Additional Warm-Ups should be Musician-Specific