

Horn in F Warm-Ups

Revised 2014

Please Note: These Warm-ups are not of my creation, but instead are a compilation of ideas from various tuba players I have encountered over the years. I have put them into an order that makes the most sense to me. Warm-ups should be introduced as soon as the player can maintain the tone, and should be the most important thing done daily.

The 5 minute "Level 1" warm-up

Various Authors

Focus on Breathing, Consistent Tone

1

2

3

4

5

5 *Continue through fingering pattern*
open - - - - - 2

The 10 minute "Level 2" warm-up

(add these to the Level 1 warm-up)

Focus on Embouchure Control

6 


7 

8 

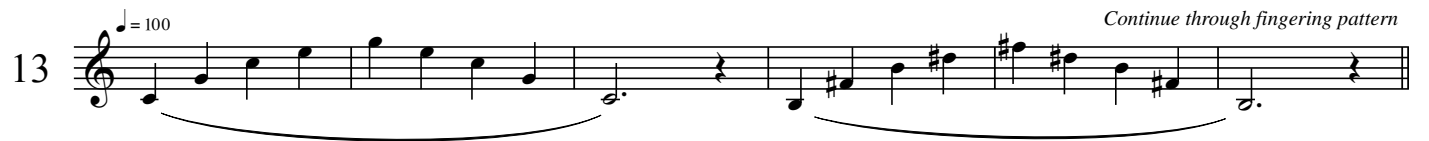
9 

10 

11 

12 

Continue through fingering pattern

13 

Continue through fingering pattern

14 

Continue through fingering pattern

The 20 minute "Level 3" warm-up

(add these to the Level 1 and 2 warm-up)

Focus on Pitch Accuracy

completely remove lip from mouthpiece between measures



completely remove lip from mouthpiece between measures



completely remove lip from mouthpiece between measures



completely remove lip from mouthpiece between measures



Continue through fingering pattern



Continue through fingering pattern

The 35 minute "Level 4" warm-up

(add these to the Level 1 -3 warm-up)

Focus on Range Extension

23

$\text{♩} = 80$

For more ideas, suggestions, and useful information, please visit www.blostein.net

The 50 minute "Level 5" warm-up

(add these to the Level 1 - 4 warm-up)

From this point forward, all as fast as possible to perform cleanly and evenly

Advanced Techniques and Control

As fast as possible, cleanly *Continue through fingering pattern*

24 

Continue through fingering pattern

25 

Continue through fingering pattern

26 

Continue through fingering pattern

27 

Continue through fingering pattern

28 

Continue through fingering pattern

29 

Continue through fingering pattern

30 

Continue through fingering pattern

31 

The 50 minute "Level 6" warm-up

(add these to the Level 1 - 5 warm-up)

From this point forward, all as fast as possible to perform cleanly and evenly

Professional Level Exercises

32 

33 *Double Tonguing* 

33 

Work in various other scales as well

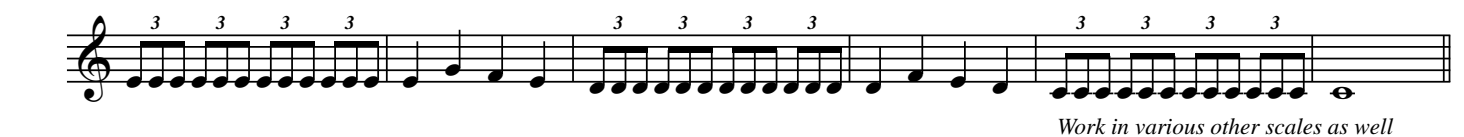
34 *Double Tonguing* 

34 

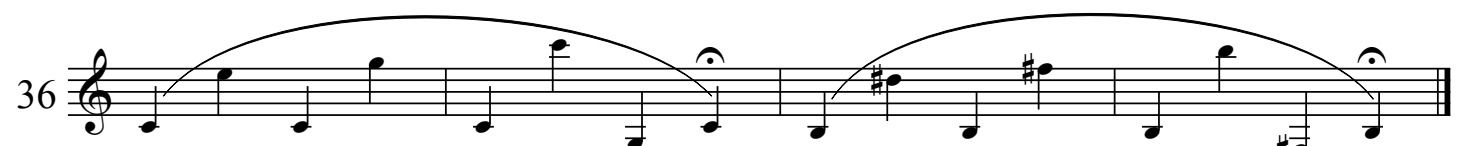
Work in various other scales as well

35 *Triple Tonguing* 

35 

35 

Work in various other scales as well

36 

*continue down chromatically
as low as possible*

Further Exercises should be Musician-Specific

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