

Bass Trombone / Euphonium Warm-Ups

Revised 2024

Please Note: These Warm-ups are not of my creation, but instead are a compilation of ideas from various tuba players I have encountered over the years. I have put them into an order that makes the most sense to me. Warm-ups should be introduced as soon as the player can maintain the tone, and should be the most important thing done daily.

Various Authors

The 5 minute "Level 1" warm-up

Focus on Breathing, Consistent Tone

1 $\text{♩} = 60$

2

3 6 7

4 F Trigger

5 6 7

6 Double Triggers (assuming F/D setup - raise 1/2 step for F/Eb setup)

7 6 7

8

9

10 $\text{♩} = 60$ Continue through remaining positions

The 10 minute "Level 2" warm-up

(add these to the Level 1 warm-up)

Focus on Embouchure Control

11 

12 

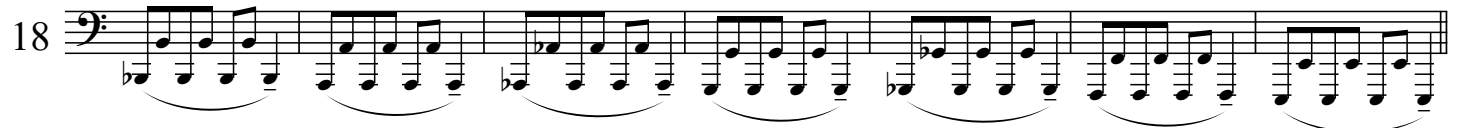
13 

14 

15 

16 

17 

18 

19 

continue down chromatically as low as possible

20 

Continue through remaining positions (omit T and T2 positions when you run out)

21 

Continue through remaining positions

The 20 minute "Level 3" warm-up

(add these to the Level 1 and 2 warm-up)

Focus on Note Accuracy, Tone Control, Articulation, Range and further Breathing

22 *completely remove lip from mouthpiece between measures*
♩ = 60

23 *completely remove lip from mouthpiece between measures*
♩ = 60

25 *Continue through remaining positions*
♩ = 100

26 *Continue through remaining positions*
♩ = 100

27 *Continue working up positions*
♩ = 60

28 *♩ = 60*

29 *Work various scales at various tempos*

The 35 minute "Level 4" warm-up

(add these to the Level 1 -3 warm-up)

Focus on Range Extension, Advanced Articulations, Fast Flexibility and Pitch Accuracy

As fast as possible, cleanly

Continue through remaining positions

30

31

Double Tonguing

32

Work in various other scales as well

Double Tonguing

33

Work in various other scales as well

Triple Tonguing

34

Work in various other scales as well

Continue through remaining positions

35