Bass Trombone / Euphonium Warm-Ups

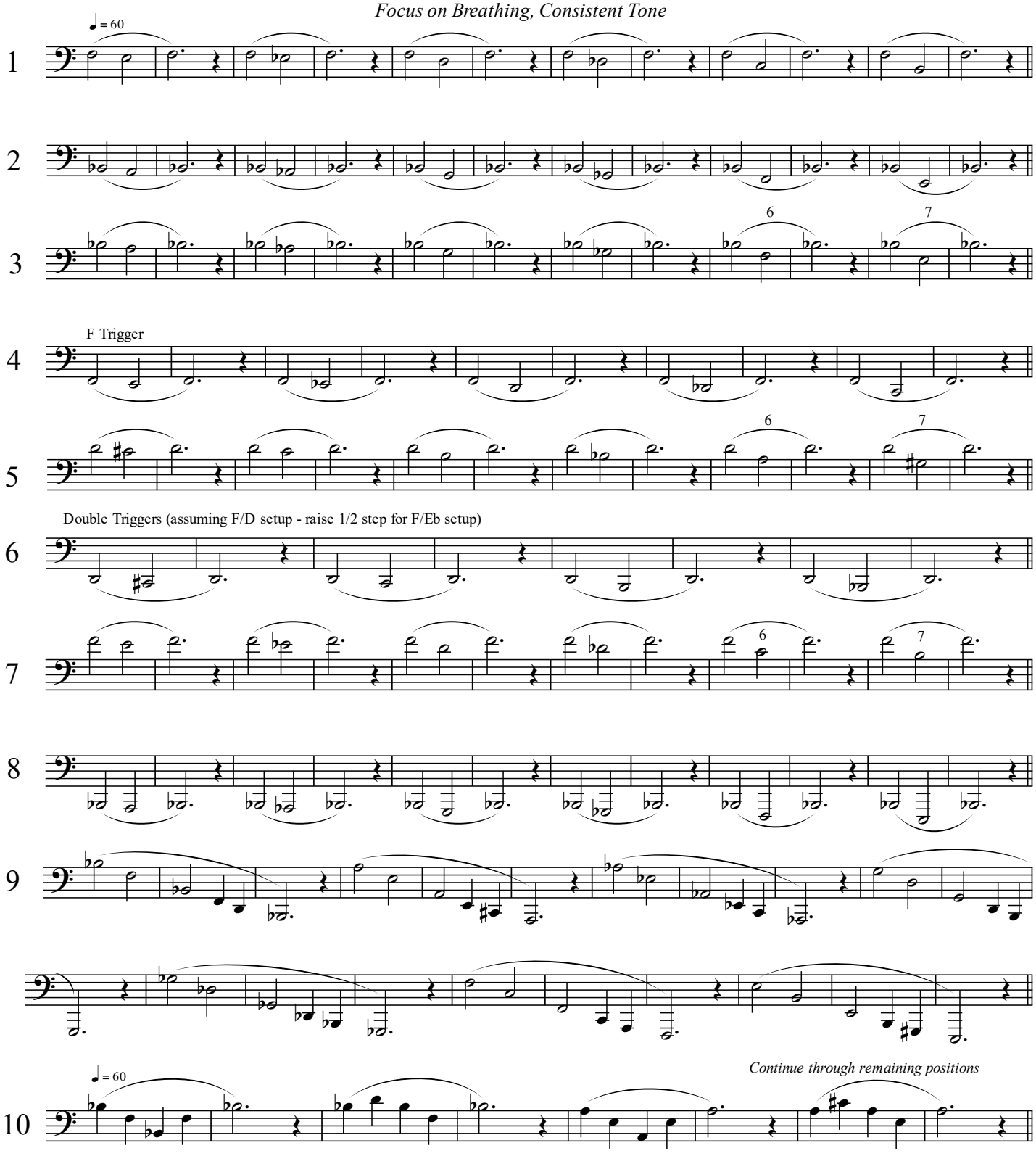
Revised 2024

Please Note: These Warm-ups are not of my creation, but instead are a compilation of ideas from various tuba players I have encountered over the years. I have put them into an order that makes the most sense to me. Warm-ups should be introduced as soon as the player can maintain the tone, and should be the most important thing done daily.

Various Authors

The 5 minute "Level 1" warm-up

Focus on Breathing, Consistent Tone

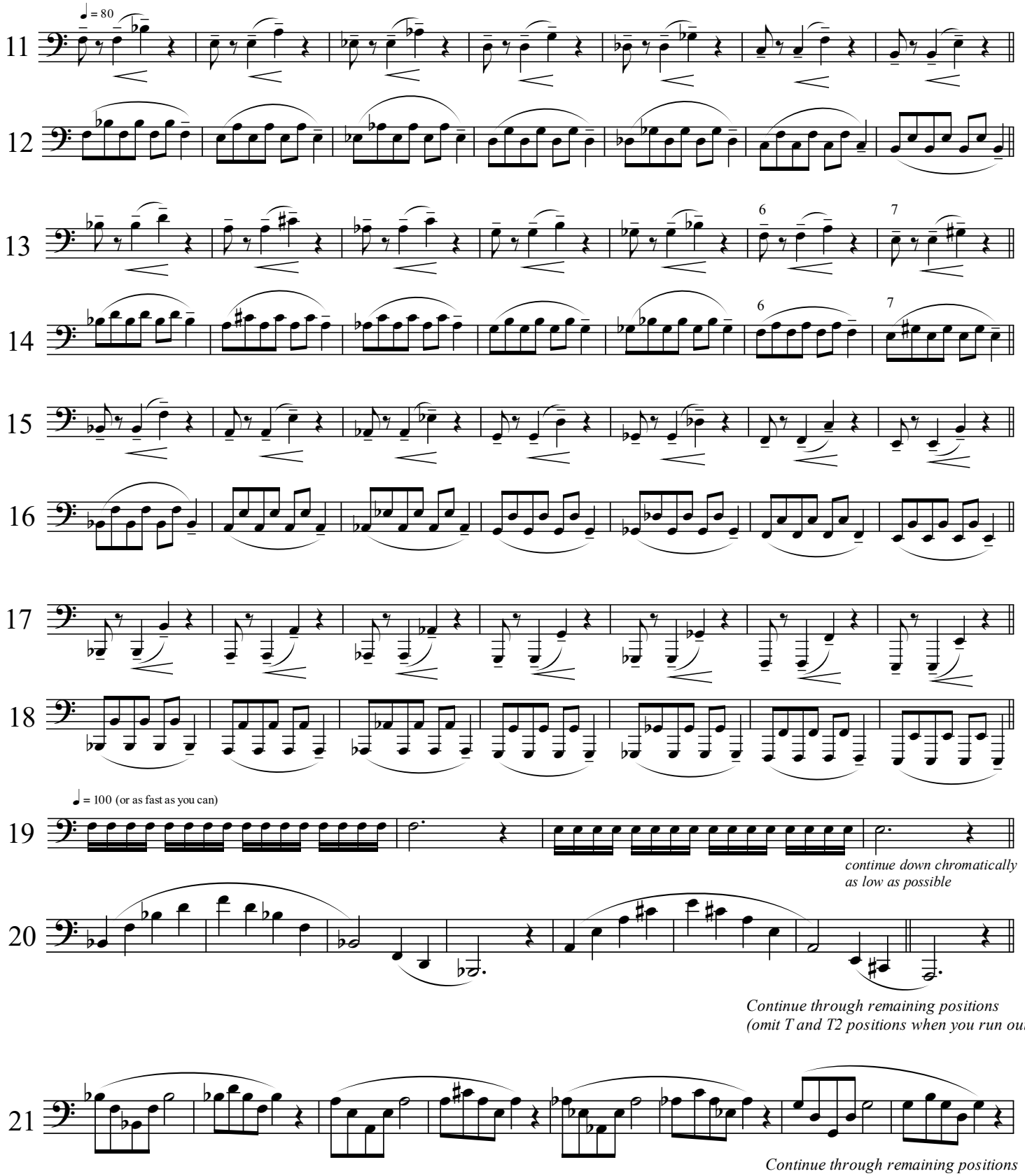


For more ideas, suggestions, and useful information, please visit www.blostein.net

The 10 minute "Level 2" warm-up

(add these to the Level 1 warm-up)

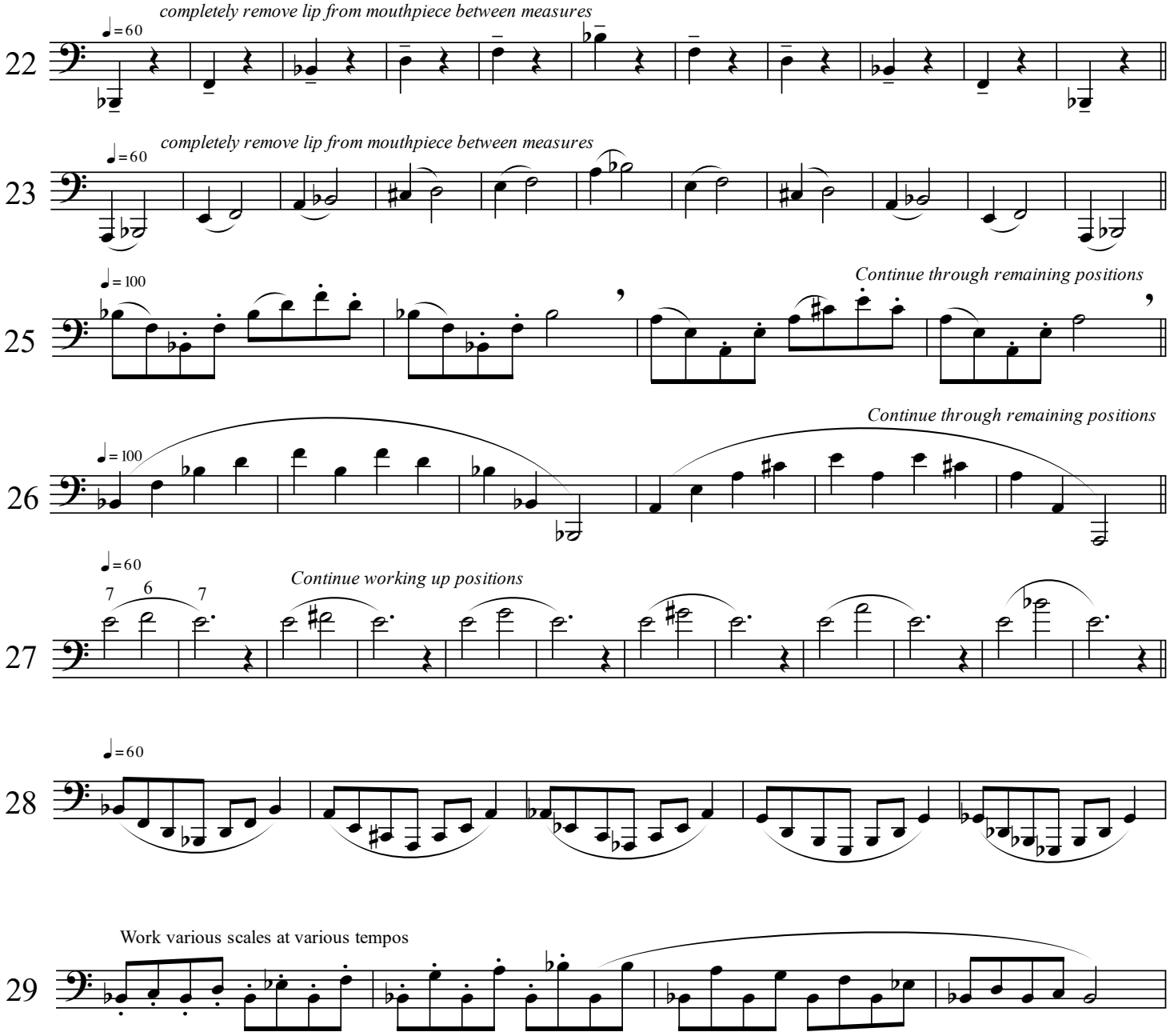
Focus on Embouchure Control



The 20 minute "Level 3" warm-up

(add these to the Level 1 and 2 warm-up)

Focus on Note Accuracy, Tone Control, Articulation, Range and further Breathing



The 35 minute "Level 4" warm-up

(add these to the Level 1 -3 warm-up)

Focus on Range Extension, Advanced Articulations, Fast Flexibility and Pitch Accuracy

30 **As fast as possible, cleanly** *Continue through remaining positions*

31 *Continue through remaining positions*

32 *Double Tonguing* *Work in various other scales as well*

33 *Double Tonguing* *Work in various other scales as well*

34 *Triple Tonguing* *Work in various other scales as well*

35 *Continue through remaining positions*