

Bass Trombone / Euphonium Warm-Ups

Revised 2014

Please Note: These Warm-ups are not of my creation, but instead are a compilation of ideas from various tuba players I have encountered over the years. I have put them into an order that makes the most sense to me. Warm-ups should be introduced as soon as the player can maintain the tone, and should be the most important thing done daily.

Various Authors

The 5 minute "Level 1" warm-up

Focus on Breathing, Consistent Tone

1 $\text{♩} = 60$

2 $\text{♩} = 60$

3 $\text{♩} = 60$

4 F Trigger $\text{♩} = 60$

5 Double Triggers $\text{♩} = 60$

6 $\text{♩} = 60$

7 $\text{♩} = 60$

8 $\text{♩} = 60$ Continue through remaining positions

The 10 minute "Level 2" warm-up

(add these to the Level 1 warm-up)

Focus on Embouchure Control

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15  *Continue through remaining positions*

16  *Continue through remaining positions*

17  *Continue through remaining positions*

The 20 minute "Level 3" warm-up

(add these to the Level 1 and 2 warm-up)

18 *completely remove lip from mouthpiece between measures*

$\text{♩} = 60$

19 *completely remove lip from mouthpiece between measures*

$\text{♩} = 60$

20 *Continue through remaining positions*

$\text{♩} = 100$

21 *Continue through remaining positions*

$\text{♩} = 100$

22 $\text{♩} = 60$

23 *Work various scales at various tempos*

The 35 minute "Level 4" warm-up

(add these to the Level 1 -3 warm-up)

Focus on Range Extension and Pitch Accuracy

♩ = 80

24

24

The 35 minute "Level 5" warm-up

(add these to the Level 1 -4 warm-up)

Advanced Embouchure Control

As fast as possible, cleanly

Continue through remaining positions

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The 50 minute "Level 6" warm-up
(add these to the Level 1 - 5 warm-up)

Advanced Techniques

Double Tonguing



34



Work in various other scales as well

Double Tonguing



35



Work in various other scales as well

Triple Tonguing



36



Work in various other scales as well

Continue through remaining positions



37

Additional Warm-Ups should be Musician-Specific